



# Ursinus College

## Allergy Injection Policy

The Ursinus College Wellness Center offers an allergy injection service for students receiving immunotherapy ordered by their private allergist. Our nurse practitioner is available to administer injections, coordinate care within the Wellness Center, and consult your allergist as needed.

Allergy injection students must be currently under the care of an allergist. A minimum of an annual visit to your private allergist is required. If you are starting the first vial of any allergy injection, you must receive the first dose from your allergist. Our nurse practitioner will NOT administer the first dose of any new allergy vial.

**There is a fee for the supplies/needles used for allergy injections. The cost is \$1.00 per injection.** When you begin your injections at the Wellness Center, the office manager will determine how many weeks you'll be getting shots and how many injections total you'll be getting to determine total payment for each semester. Payment can be cash or checks made payable to Ursinus College.

To utilize this service, please observe the following steps:

1. Before you arrive to Ursinus College, obtain the following from your allergist:

➤ **Current vials - clearly labeled with:**

- Student's name
- Contents
- Strength
- Expiration date of each vial

➤ **Injection schedule - clearly indicating:**

- Student's name
- Prescribing physician's name, address, phone, and fax contact information
- The extract to be used
- Contents and strengths of extracts
- Dosage and frequency of injections
- Instruction of treatment and dose adjustments for reactions
- Instructions for dose adjustments for missed or late shots
- Date and reaction of last dose administered

2. The student is responsible for providing current instructions, schedules, and allergy extracts to the Wellness Center. Students are also responsible for adhering to their schedule. Except in case of illness, please make every attempt to come for the regularly scheduled injections for the best possible results of your treatment.

3. Allergy injections are only given when our physician or CRNP is present at the Wellness Center.

4. A thirty (30) minute wait is MANDATORY due to the possibility of a serious reaction. All students must remain in the waiting room area until the injection site is checked by the nurse. There are no exceptions.

5. Notify the nurse/staff during your waiting period if your experience any of the following symptoms:

- Shortness of breath
- Wheezing
- Coughing
- Generalized itchiness
- Hives
- Facial swelling
- Flushing
- Dizziness
- Nasal congestion or sneezing

6. You will be notified when the allergy extract is low. It is your responsibility to reorder and obtain replacement allergy extract. Remember, the first injection of each vial must be given at your allergist office. Allergy extracts must be hand carried or mailed directly to you, not to the Wellness Center.

7. You are responsible for informing the Wellness Center of any changes in address, phone number, health conditions, or allergy information.

8. Vials left unused at the Wellness Center will be discarded after the expiration date.

9. Delayed reactions are possible. Persistent or severe symptoms require immediate medical attention by calling 911 or Campus Safety at 610-409-3333. For mild symptoms, take an antihistamine as advised by your allergist (Allegra, Benadryl, Claritin or Zyrtec.) Report any delayed reaction to the nurse BEFORE any additional injections.

10. It is recommended to wait (48) hours before or after any allergy injections before receiving any other type of immunizations, such as flu vaccine.

11. Avoid vigorous exercise (jogging, gym workouts, etc.) at least one hour, preferably two, before and after injections.

**I have read and understand all of the above:**

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Student's Signature

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Date